

# Pass it on: School attendance and public-facing employment predict COVID-19 transmission in England

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Health & Medicine



## Spatial variation to identify transmission factors

### The basic reproduction number ( $R_0$ )

A useful measure of transmission,  $R_0$ :

- Indicates how many secondary cases arise from a primary case in a totally susceptible population.
- Is influenced by biological, environmental and socio-behavioural factors.

### Factors influencing transmission

Understanding the relative importance of factors can help modellers:

- Predict how an epidemic might progress
- Identify appropriate policies to limit transmission

### Association between population characteristics and $R_0$

This study:

- Estimates  $R_0$  for each Lower Tier Local Authority (LTLA) in England, UK, prior to March 30<sup>th</sup> 2020.
- Investigates associations between these estimated  $R_0$  and population characteristics

## Estimating $R_0$ and modelling association with population characteristics

### Data Sources

Data were disaggregated by LTLA, and included:

- daily COVID-19 case counts
- deprivation - Index of Multiple Deprivation (IMD)
- population density
- household overcrowding (% of households)
- employment in sales, care and leisure (% of pop<sup>n</sup>)
- commute by public transport (% of pop<sup>n</sup>)
- school attendance (% of pop<sup>n</sup>)
- black and minority ethnicities (% of pop<sup>n</sup>)

All data are available via the ONS service "Nomis", or the UK government website<sup>1,2</sup>.

### $R_0$ estimation

R package R0<sup>3</sup> used to estimate  $R_0$  for each LTLA

- Using daily COVID-19 case counts
- Selected the exponential growth method
- Links the exponential growth rate at the start of the pandemic to the initial reproduction ratio

### Stepwise Regression model

A best fit model was constructed using R step function:

- Stepwise, forward addition and backward elimination process, to maximise AIC score
- Weighted by the inverse of the variance of estimated  $R_0$ , to account for variance heterogeneity
- Repeated with and without deprivation variable (IMD)

## Public-facing employment & school attendance positively associated with $R_0$ . Clusters of high $R_0$ in North of England unexplained by model

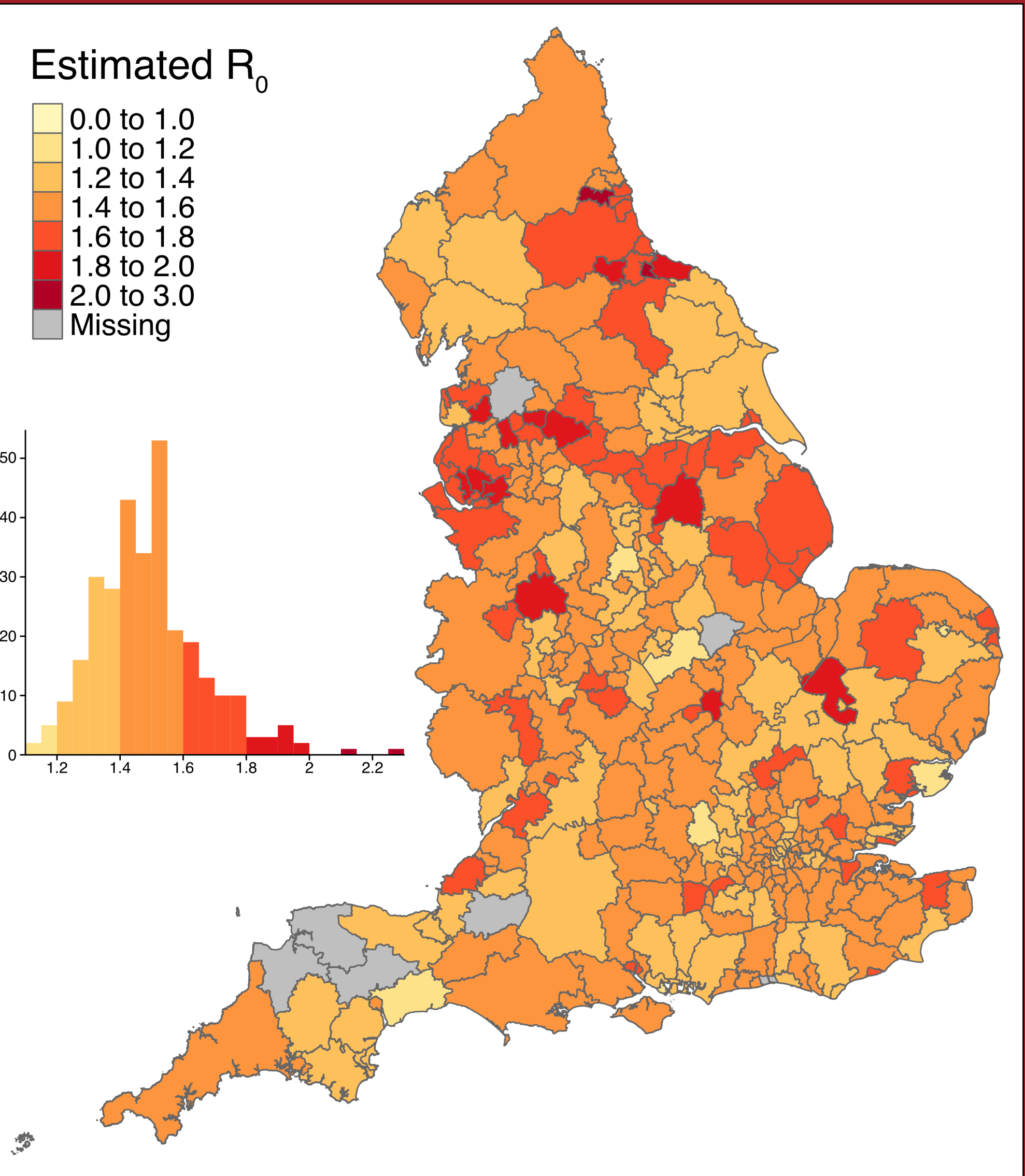


Figure 1: Spatial patterning of  $R_0$  point estimates for LTLAs in England, using the Exponential Growth method. Histogram: distribution of  $R_0$  point estimates.

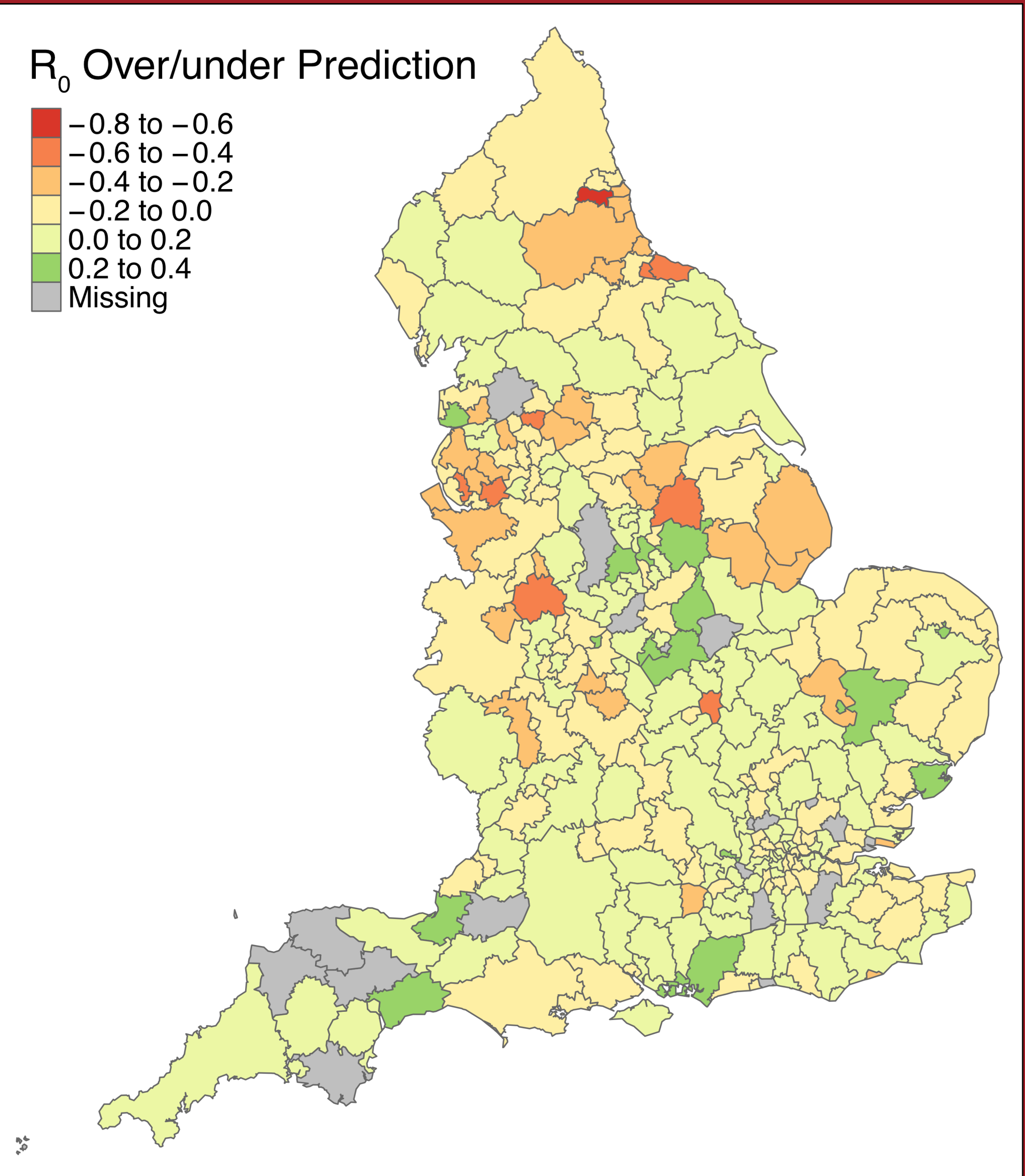


Figure 2: Difference in  $R_0$  predicted by the models and estimated from case data for LTLAs in England, using the Exponential Growth method.

### $R_0$ estimation

The median LTLA estimated  $R_0$  was 1.48 and ranged from 1.10, 95% CI [0.88, 1.33] to 2.25, 95% CI [1.94, 2.64]

- LTLAs with a total case count of fewer than 10 by March 30<sup>th</sup> 2020 were excluded
- $R_0$  therefore estimated for 308 LTLAs (9 excluded)

Point estimates for  $R_0$  for each LTLA were mapped to visualise the heterogeneity of point estimations spatially (Figure 1).

- Clustering of higher  $R_0$  in the North East and North West
- Band of higher  $R_0$  through South and West Yorkshire

$R_0$ estimate, final model			
Predictors	Estimates	CI	p
(Intercept)	1.0058	0.8184 – 1.1933	<0.001
Percent BAME	-0.0014	-0.0025 – -0.0002	0.018
Sales, care or leisure	0.0094	0.0034 – 0.0154	0.002
School age	0.0213	0.0104 – 0.0323	<0.001
Observations	292		
R <sup>2</sup>	0.120		

Table 1: Regression coefficients and p-values for final best fit model, excluding deprivation (IMD score) as a candidate variable.

### Model Construction and fitting

Deprivation variable included in the model:

- Best fit model includes IMD score, % BAME, population density, public transport and school age
- 27% of  $R_0$  variation could be explained by this model

Deprivation excluded in the model (final model):

- Significant relationship between  $R_0$  and the percentages of the population that are BAME, that are employed in sales, care or leisure, and that are of school age (Table 1).
- % BAME negatively associated, % employed in sales, care or leisure, and % school age positively associated
- 12% of  $R_0$  variation could be explained by the final model

Spatial patterning of model fit:

- Final model used to predict  $R_0$  for each LTLA.
- The differences between predicted  $R_0$  and estimated  $R_0$  were calculated and mapped (Figure 2)
- Underpredicts from Lincolnshire through to South Yorkshire, and in the North East and North West
- Over-prediction in areas surrounding Leicester

## Occupational exposure and school-based transmission drive up $R_0$

Occupation mix has an effect on  $R_0$

- An increase of  $R_0$  by 0.01 for each percentage point increase of the population employed in sales, care or leisure
- Adds to the evidence that occupation has a role in COVID-19 transmission, even in the absence of controls
- A preliminary suggestion that this may be linked to the work environment, i.e., occupations that tend towards being public facing, requiring regular contact with many individuals<sup>4</sup>

School attendance may contribute to a higher  $R_0$

- Percentage school age taken as a proxy for school attendance, suggests school-based transmission relevant
- Adds to evidence that secondary school students introduce COVID-19 to households and drive onward transmission<sup>5</sup>
- Study does not differentiate between primary and secondary schools, an area for future work (see below)

## Unexplained variation: deprivation in the North of England?

Estimated  $R_0$  was heterogenous

- Higher  $R_0$  in the North East and North West of England
- Higher  $R_0$  in these regions not explained by employment in sales, care or leisure, or by population of school age

Deprivation characteristics of regions of the north of England may be key

- These regions are characterised by their relative deprivation and majority white populations
- Unexplained variation may be due to characteristics of deprivation in these regions: higher rates of unemployment and very low paid work compared to other areas of high deprivation<sup>5</sup> (urban South/London)
- May explain negative association with BAME: highest in London, reflecting differing character of deprivation.

## Next Steps: Contact Studies

- Studies investigating contact patterns related to occupational categories in England may prove a useful tool for modelling both this epidemic and future outbreaks.
- Exposure and transmission in the school environment merits significant attention in future work: potential role of overcrowding in primary schools and networking effect of secondary school pupils

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